

DIVERSE&EQUAL

News and Events of the Staff Unit for Diversity & Inclusion
and the TUM Family Service

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TUM Holiday Program 2025

Your child has more vacation time than you have holidays?

The TUM Family Service offers an exciting and varied holiday program for children aged 6 and up — exclusively for the children of TUM employees and students. Save the dates now; further details will follow shortly.

- Pfingstferien: June 10–13 (Munich & Garching)
- Summer holidays: August 4–8 (Munich & Garching)
- Summer holidays: September 8–12 (Munich only)
- Autumn holidays: November 3–7 (Munich & Garching)
- Buß- und Betttag: November 19 (Munich & Garching)

Find out more about the program in the Pfingstferien on page 3.

TUM Diversity Month 2025

Final countdown: in June we are celebrating TUM Diversity Month under the motto "Bridging the Gap: Allyship for an Inclusive Organization". You can look forward to lectures, workshops and activities on topics such as **autism and neurodiversity in the workplace, how allyship works in the start-up sector or what role men can play as allies in science**. There will also be events on **dementia care, digital accessibility and equal parenting**. Further information on page 2.

TUM Diversity Month June 2025



We are delighted to be able to offer all employees and students a varied and inspiring program! Immerse yourself in exciting sessions on topics such as:

- 🧠 Studying or working with neurodiversity
- 👉 Allyship & Entrepreneurship
- 🧩 Autism in the work place
- 👨👦 Male Allyship
- 👥 Inclusive Leadership
- 🧓 Dementia care
- 🏢 Inclusive working environments & digital accessibility
- 💬 WoMen in STEM Round Table
- 🔬 Visibility of female scientists
- 👨👩 Equal parenting

Browse through our varied program and secure your place [here](#).
The Staff Unit Diversity & Inclusion looks forward to seeing you!

UPDATE: TUM (German) Language Guide



Language influences our perception and generates different images in our minds. The use of gender- and diversity-sensitive language can help to overcome stereotypes, gender norms and role thinking and thus promote a discrimination-sensitive and inclusive university culture, as stated in [TUM's mission statement](#). The TUM (German) Language Guide from the Staff Unit Diversity & Inclusion offers suggestions for integrating gender- and diversity-sensitive communication into everyday university life and reflecting on your own communication. The TUM (German) Language Guide can be downloaded [here](#).

TUM Holiday program in the Pfingstferien

The TUM Family Service invites children of staff and students to join the holiday program from June 10 to 13, 2025 at TUM Campus Munich and Garching. Kids will dive into the fascinating world of grains with hands-on activities, exciting experiments, and even get to make their own bread and butter. A special highlight is the group excursion to the Kunstmühle München. You can find all the details [here](#). To sign up (by May 20), please get in touch with the [TUM Family Service](#) first. We can't wait for a week full of fun, learning, and discovery with your kids!



PHOTO ILARIA MARARAZZO / UNSPLASH

TUM Family Service @ TUM Diversity Month 2025

A supportive society and an inclusive work environment recognize the needs of people with caregiving responsibilities and actively support them. Allyship can play an important role in raising awareness around these issues. Inclusion and allyship are also values we should not only promote at work but also practice in our relationships and everyday family life — and pass on to our children.

Online lecture “Caregiving for dementia” - June 02, 2025 | 12 - 1 p.m. (in German)

Dementia impacts not just those living with the condition, but also places a heavy burden on their families and caregivers. In cooperation with the Center for Cognitive Disorders (TUM University Hospital / Klinikum Rechts der Isar), this online lecture offers valuable insights and introduces various support services. Participation is free of charge and counts as working time for TUM employees. [More information & registration.](#)

Online lecture “Basics for equal parenting” - June 23, 2025 | 12 - 1 p.m. (in German)

Although many couples today begin parenthood with the desire for equality, they often find themselves falling into traditional gender roles after the birth of their child. Why does this happen? In their lecture, Lena and Alex Schneck explore the societal mechanisms behind this and share insights on how parenting can thrive as a partnership. [More information & registration.](#)

Spotlight on TUM Daycare - IOK Garching

“The kindergarten belongs to the children – the adults are the guests.”

The [Ingeborg Ortnner Kinderhaus \(IOK\)](#) opened in September 2010 and is located directly on the TUM campus in Garching, surrounded by green spaces and the Isar river. The award-winning wooden building with a spacious garden provides space for over 60 children of university students and staff, aged approximately 1 to 6 years. The facility is run by the Munich Student Union.

Children from many different nationalities are cared for at the center. The educational staff places great importance on a warm and open environment and fosters a culture of listening. The IOK has been participating in the “Sprach-Kitas” program for several years and focuses on language development. The newly established “Speaking Bench” in the building invites both children and adults to engage in conversations.



PHOTO ASTRID ECKERT / TUM

Through a variety of initiatives, the IOK makes use of on-campus resources to provide children with diverse experiences – from visits by the firefighters to encounters with chickens.

[Overview of all TUM daycare centers](#)

[Interested? We're happy to help!](#)

Next events

- 20.05.2025: [Registration deadline for the holiday program at TUM](#)
- 03.06.2025: [Family café for \(expectant\) student parents in Munich](#)
- 18.05.2025: [TUM4Kids: Babysitting training](#)
- 21.05.2025: [TUM4Kids: First aid course on children in Munich](#)
- 02.06.2025: [Online lecture "Care for Dementia" \(in German\)](#)
- 04.06.2025: [TUM4Kids: First Aid course on children in Heilbronn](#)
- 23.06.2025: [Online lecture: "Basics for Equal Parenting" \(in German\)](#)
- 18.-21.08.25: [Scientific Writing Retreat with Professional Childcare](#)



Get to know the team: Dr. Helena Grebner

My journey through the art studies and cultural sciences has led me through a wide range of people and meanings – from the artistic setting of a theater performance to sociopolitical realities. My personal path has also taken me through diverse contexts – I spent a large part of my childhood in Namibia, where I attended school for six years, and later, as a teenager, I spent a year in Argentina.

I've always been particularly interested in the complex nuances of interpersonal interaction – especially as they become more complex in intercultural contexts, in which I myself am deeply embedded. Since March, I've been part of the supportive and engaged team of the Family Service at the Staff Unit for Diversity & Inclusion, where I'm responsible for the Accommodation Service as well as for providing individual consultations on balancing family and career.

*While every form of justice may
begin with speech, not every
utterance is just.*
Jacques Derrida

With a background in the psychosocial field, my professional focus is on an empathetic practice that centers around the desire to truly understand others. This aligns with my motivation to find a shared (emotional) language and to listen carefully – to grasp what lies beneath the words, to understand what exactly it is that concerns, moves, or burdens someone.

Coming from the field of migration policy, my work is always accompanied by questions around power structures, which is why I consider an intersectional perspective essential. I'm very excited to bring all of this into my work at the Family Service and, together with the team, to advocate for equal parenting and the effective reconciliation of family and career at TUM!

Favorites

- *Productivity hack:* Allowing yourself to be unproductive sometimes.
- *Role Model:* Carolin Emcke – for her analytical sharpness and nuanced language, which also leaves room for hesitation.
- *Travel destination:* The sea - but where it's wild and solitary.
- *Office snack:* Pistachio croissant, chocolate bar, sour gummy bears.

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about me