

# DIVERSE&EQUAL

News and Events of the Staff Unit for Diversity & Equal Opportunities and the TUM Family Service

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### **Dates**

31.01.2025 <u>Rainbow Day Munich - queer</u> <u>career fair</u>

12.02.2025: <u>Online informational event:</u>
<u>Kita & Co.: Finding the Right Childcare</u>
<u>Solution in Munich</u>

26.05. - 28.05.2025: <u>TUM Diversity Days</u>

### Contact

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Picture by Astrid Eckert/TUM

# Goodbye 2024, Hello 2025

The working context of diversity is currently facing many challenges. This makes it all the more important that we as TUM community continue to live the core value of integrity: We draw our success from an inclusive community of talents from different backgrounds, cultures, ideas and perspectives.

The many successes of 2024 confirm our commitment to continue advocating for diversity and family friendliness: we received the <u>Google exploreCSR award</u>, were awarded with the <u>Impact of Diversity Award</u> for the <u>Agnes Mackensen Program</u>, and were able to cooperate with <u>Avanade</u> for an exclusive <u>STEM scholarship</u>. We also launched the TUM <u>Unconscious Bias Online Training</u> and connected more than 500 participants through the <u>Women in STEM Round Table</u> event series. We look forward to engaging in dialogue with you in 2025!

P.S.: <u>This website</u> has recently been launched to provide an overview of information and services relating to diversity, equal opportunities and inclusion at TUM.

# Women in STEM Round Table @ Google Office Munich

With the <u>Women in STEM Round Table</u>, we want to continuously create a space where FINTA\* students can find support, guidance and inspiration - and at the same time take the next steps towards a successful career in STEM. The event series is supported by the <u>Google exploreCSR award</u>, which the Diversity & Equal Opportunities Office received in 2022, 2023 and 2024.

In cooperation with Google, the Women in STEM Round Table took place on October 10, 2024 at the Google office in Munich. FINTA\* students got to know inspiring role models from Google, who openly and relatably shared their individual career paths and answered the participants' questions.

The next Women in STEM Round Table will take place on January 30, 2025.





Pictures by Sonia Sandomirskaia und Elena Obiols/Google







Pictures by Astrid Eckert/TUM

# Agnes Mackensen Program: The community is growing

The <u>Agnes Mackensen Program (AMP)</u>, which aims to strengthen the self-efficacy of first-generation students and care leavers while promoting their personal development, is entering its second round. We are excited to welcome 53 mentoring pairs to this year's cohort.

On December 10, 2024, we celebrated the growing AMP community at a wrap-up and kick-off event that brought together mentees and mentors from both cohorts. One of the highlights of the event was hearing the diverse experiences and perspectives of first-generation students and care leavers, which conveyed a powerful message to all: you are not alone. The stories shared highlighted the challenges faced by first-generation students and care leavers, while also showcasing the strength and resilience they often develop on their journey.

We look forward to all the networking and development opportunities that 2025 will bring for the AMP community.

# News from the TUM Family Service

## **TUM Daycare Allocation for Fall 2025: Important Information**



Online information event "Kita & Co.: Finding the Right Childcare Solution in Munich" | Wednseday, 12.02.2025 - 12 Uhr | English Tips and Information about the childcare system in Munich, for parents exploring childcare options in the city for the first time, as well as international employees and students who are not yet familiar with the German system. More information and registration here.

# TUM strengthens cooperation with the Kindergarten Kinder(t)räume Weihenstephan e.V.

From January 2025, the TUM Family Service is renewing the cooperation with the kindergarten Kinder(t)räume at the Weihenstephan campus. Children of TUM members can be given priority for places that become available at the facility. <u>Further information</u>.

#### Get to know our facilities!

With regard to the allocation of places for fall 2025, many TUM childcare facilities are organizing open days to provide interested parents with a first impression of the facility.

Further information, dates and registration deadlines can be found at the following <u>link</u>.

# New regulation for leave of absence in case of parental leave

As a parent, you can also take parental leave during your studies to care for your children. From the winter semester 2024/25, a leave of absence due to maternity/parental leave at TUM is possible for a total of 6 semesters per student (not per child), as long as the youngest child has not yet reached the age of 8. Further information on leave of absence.



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## Financial benefits for families: important changes

On January 1, 2025, most care benefits will increas by 4.5% to provide greater relief for individuals in need of care and their families. To finance these improvements, the contribution rate for care insurance will also rise to 3.6% at the beginning of the year. For more information, refer to the <u>leaflet from the Federal Office of Administration</u>. (German only). If you have any question on the topic of <u>care</u>, please reach out to tht TUM <u>company care guides</u>.

Starting in 2025, child benefit will increase by 5 euros per child to 255 euros per month. Additionally, the immediate supplement will rise by 5 euros to 25 euros per month, bringing the maximum monthly amount of the child supplement to 297 euros per child. For more information, visit the <u>Federal Employment Agency's website.</u>



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#### Next events

28.01.2025: Family café for (expectant) student parents

31.01.2025: KinderUni Munich: Working together for a better environment

12.02.2025: Online informational event: "Kita & Co.: Finding the Right Childcare Solution in Munich"



Picture by Astrid Eckert/TUM

At TUM Family Service, I have found the perfect alignment of my counseling expertise, my enthusiasm for family-related topics and my desire to contribute within an academic environment. My mission is to support the members of TUM in shaping their personal work-life balance - whether through providing expert advice, organizing seminars on work-life topics, or coordinating holiday programs for children. Additionally, as a trained care guide, I offer initial guidance to those navigating the challenges of caring for a relative.

Work-life balance should be an achievable goal for everyone - and that's exactly what I'm committed to.

# Get to know the team: Martina Postorino, Ph.D.

My diverse academic and professional journey follows a clear common thread: my strong interest in education. From studying developmental psychology and conducting research in neuroscience to the training as a coach, I have always been deeply convinced that education and research are the pillars upon which our society stands and hold the key to building a better future. After my doctorate, I asked myself "What comes next?" The answer was clear: the family service at the university.

"Balance is not something you find, it's something you create."

Jana Kingsford

### **Favorites**

- Productivity hack: Pomodoro-Technique
- Role model: My unofficial mentor Kasia, who has always pushed me to focus on the solution rather than the problem.
- Travel destination: Wherever good food is
- · Office snack: Chestnuts

# bout me

#### Contact

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